# Sledge-Hammer Integration 

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Ev'ry valley shall be exalted, and ev'ry mountain and hill made low;
the crooked straight, and the rough places plain. Isaiah 40:4

## The idea of sledge-hammer integration

Imagine a region in the first quadrant bounded above by a curve $y=f(x)$ and below by the $x$-axis, and lying between $x=0$ and $x=1$. Suppose this region is physically realized by a uniform layer of an incompressible substance, perhaps clay or putty. To calculate the area of the region, pound the curve from above-with a hammer, or some other tool-in an area-preserving way. Local maxima decrease and, because the process is area preserving and constrained by the vertical edges, local minima increase. Protrusions diminish and pot-holes fill up; valleys are exalted and hills made low. Ultimately, the region becomes a rectangle, which, because its base is 1 , has height equal to the area under the curve. This is sledge-hammer integration. By re-scaling, it can be applied to any interval. The choice of $(0,1)$ is dictated by convenience.

This vision of integration, although intuitively obvious, seems not to be in textbooks. It is offered here, together with the analytic formulation that follows, as a supplement to the usual discussion of integration carried out, for example, in introductory calculus classes and texts.

## Analytic method

This is integration as averaging. For the first blow of the hammer, specifically average the values of $f(x)$ that are at positions symmetric with respect to $x=1 / 2$. In other words, replace $f(x)$ with $g(x)=(f(x)+f(1-x)) / 2$. An example is given in Figure 1 , where the first plot (top-left) gives the curve $f(x)=x^{2}$. In the second plot (topright), both $f(x)$ and $f(1-x)$ are shown and in the third plot (middle-left) $g$ is added. These three curves all enclose the same area. The newest curve in each plot is drawn heavier, for easy identification.

By construction, $g$ is symmetric with respect to $x=1 / 2$. Further flatten $f(x)$ by taking the first half of $g$ (from 0 to $1 / 2$ ) and stretch it to the full interval $(0,1)$ by substituting $x / 2$ for $x$. This is done in the fourth plot of Figure 1 .

To summarize, we propose to average a given function $f_{0}(x)=f(x)$ by replacing it with

$$
f_{1}(x)=\frac{f_{0}(x / 2)+f_{0}(1-x / 2)}{2}
$$



Figure 1.
which is the first step of an iterative process defined by

$$
f_{n}(x)=\frac{f_{n-1}(x / 2)+f_{n-1}(1-x / 2)}{2}
$$

Successive functions will be increasingly flatter versions of the initial function.
Two further steps of our example, $f_{2}(x)$ and $f_{3}(x)$, are added in the bottom two plots of Figure 1. All six curves in the final plot have the same integral. Note that $f_{3}$ is nearly a constant, namely $1 / 3$, which is the value of the integral of $f$ from 0 to 1 .

A second example is presented in Figure 2 with $f(x)=\operatorname{Abs}(x+\operatorname{Cos}(17 x))$. This plot shows several iterations of our averaging process applied to $f$ (depicted by the solid curve). Iterations $f_{1}$ to $f_{4}$ are shown by dashed lines, with dash-width progressively longer for higher iteration indices. As a third example, if $f_{0}=\operatorname{Cos}(a x+b)$,


Figure 2.
then $f_{1}=\operatorname{Cos}((a+2 b) / 2) \operatorname{Cos}(a(1-x) / 2)$; note wavelength doubling means fewer valleys.

At this stage, we could prove a theorem regarding the convergence of the algorithm to the desired integral, but there is a better way to convince students that this method successfully approximates the integral of $f$ from 0 to 1 .

## Why it works

Consider a specific stage of the process, for example, the third iteration. In terms of $f(x), f_{3}(x)$ has the form,

$$
\begin{aligned}
f_{3}(x)= & \frac{1}{8}\left(f\left(\frac{x}{8}\right)+f\left(\frac{1}{4}-\frac{x}{8}\right)+f\left(\frac{1}{4}+\frac{x}{8}\right)+f\left(\frac{1}{2}-\frac{x}{8}\right)\right. \\
& \left.+f\left(\frac{1}{2}+\frac{x}{8}\right)+f\left(\frac{3}{4}-\frac{x}{8}\right)+f\left(\frac{3}{4}+\frac{x}{8}\right)+f\left(1-\frac{x}{8}\right)\right) .
\end{aligned}
$$

The values at which each $f$ is evaluated vary as $x$ ranges from 0 to 1 . These values are depicted in Figure 3, which shows that although $f_{3}$ usually averages eight values of $f$, the endpoints are exceptions.


Figure 3.

Specifically, when $x=0$ we get,

$$
f_{3}(0)=\frac{1}{8}\left(f(0)+2 f\left(\frac{1}{4}\right)+2 f\left(\frac{1}{2}\right)+2 f\left(\frac{3}{4}\right)+f(1)\right)
$$

which is the trapezoid method applied to $f$ (with four subdivisions). In contrast, when $x=1 / 2$, we get,

$$
\begin{aligned}
f_{3}\left(\frac{1}{2}\right)= & \frac{1}{8}\left(f\left(\frac{1}{16}\right)+f\left(\frac{3}{16}\right)+f\left(\frac{5}{16}\right)+f\left(\frac{7}{16}\right)\right. \\
& \left.+f\left(\frac{9}{16}\right)+f\left(\frac{11}{16}\right)+f\left(\frac{13}{16}\right)+f\left(\frac{15}{16}\right)\right)
\end{aligned}
$$

This is the mid-point method applied to $f$ (with eight subdivisions). Finally, at $x=1$,

$$
f_{3}(1)=\frac{1}{4}\left(f\left(\frac{1}{8}\right)+f\left(\frac{3}{8}\right)+f\left(\frac{5}{8}\right)+f\left(\frac{7}{8}\right)\right),
$$

which is the mid-point method (with four subdivisions). Of course, both trapezoid and mid-point methods are well-known numerical integration techniques.

This is perfectly general. For all positive integers $n, f_{n}(0)$ gives a trapezoid method approximation; while $f_{n}(1 / 2)$ and $f_{n}(1)$ express the mid-point method. Other evaluations of $f_{n}$ are particular Riemann sums. This shows clearly why sledge-hammer integration works.

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